

(02) 9223 1868 www.brighten.edu.au contact@brighten.edu.au Level 5, 12 O'Connell St, Sydney NSW 2000 RTO: 41148 | ABN: 73 603 367 095

CHC33021 Certificate III in Individual Support (Ageing & Disability)







Are you considering a career in Aged Care or Disability sectors?

Course Duration

6 - 12 months depending on the study mode selected.

Mode of Delivery

You can choose to complete your qualification online, structure classroom sessions, virtual or blended delivery.

Possible Job Outcomes:

- Assistant in Nursing
- Personal Care Assistant
- Disability Support Worker
- Support Worker
- Social Activity Support
- Residential Care Officer



Entry Requirements

There are no entry requirements for the qualification, however, you must have:

- A USI (Unique Student Identifier) number
- A valid and current email address
- A completed LLN assessment (Language, Literacy & Numeracy test)
- · Have access to a reliable PC, laptop or tablet computer
- Access to a reliable internet connection and word processing software such as Microsoft Office suite

Course Description

This gualification reflects the role of individuals in the community, home or residential care setting who work under supervision and delegation as a part of a multidisciplinary team, following an individualised plan to provide person-centred support to people who may require support due to aging, disability or some other reason.

These individuals take responsibility for their own outputs within the scope of their job role and delegation. Workers have a range of factual, technical and procedural knowledge, as well as some theoretical knowledge of the concepts and practices required to provide person-centred support.

Learning Outcomes

- Help clients with their personal care needs, household responsibilities, and emotional and social well-being
- Fostering connections between caretakers and families
- · Helping clients relocate safely from one location to another

For further details and/or information such as eligibility for discounts and subsidised course fees, support, Recognition of Prior Learning (RPL) and more, please contact us at (02) 9223 1868 to receive support.

Work Placement



It is compulsory to complete 120 hours (minimum 20 hours per week) of work placement within a disability organisation. Work placement organisations will be introduced by Brighten Institute.

Work Placement Requirements:

- Up-to-date vaccinations (COVID-19, Current Influenza Vaccination)
- Clear and current National Police Check
- Working with Children Check

This course is comprised of 9 core and 6 elective units which must be completed to meet the Training Package reauirements.

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requirements.	Core Units
CHCCCS031 CHCCCS038	Provide individualised support Facilitate the empowerment of people receiving support
CHCCCS040 CHCCCS041 CHCCOM005	Support independence and wellbeing Recognise healthy body systems Communicate and work in health or community services
CHCDIV001 CHCLEG001 HLTINF006	Work with diverse people Work legally and ethically Apply basic principles and practices of infection prevention and control
HLTWHS002	Follow safe work practices for direct client care
	Elective Units
CHCAGE011 CHCAGE013	Provide support to people living with dementia Work effectively in aged care
CHCPAL003	Deliver care services using a palliative approach
CHCDIS011	Contribute to ongoing skills development using a strength-based approach
CHCDIS012	Support community participation and social inclusion
CHCDIS020	Work effectively in disability support

Certification/Completion

Students who successfully complete all 15 units of competency will be issued with CHC33021 Certificate III in Individual Support (Ageing and Disability). Students who successfully complete some units of competency will be issued with a Statement of Attainment for the unit(s) in which they have been deemed competent. Successful completion of this course may gain you recognition towards a further qualification in Individual Support.

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